

Key Enquiry Question: What is the best way for a Hindu to show commitment to God?

Learning Objective

- We are learning to understand how Hindus show their commitment to God and to evaluate if there is a best way.



Key Vocabulary	Meaning
Brahman	God or the Supreme Being. Brahman is beyond human understanding
Gayatri Mantra	morning prayer/mantra recited by Hindus. ("Let us meditate on the splendour of Savitri, the sun. May the sun god inspire our minds.")
commitment	To be dedicated to a cause, activity, etc.
Vedas	The ancient sacred texts of Hinduism are called the Veda, which means "knowledge."
purusharthas	For Hindus, there are four goals in human life, collectively called the purusharthas.
Dharma	One of the purusharthas. It is the code for leading one's life.
River Ganges	The Ganges is the holiest river in Hinduism. They believe that bathing in its waters washes away sin. Many Hindus go on pilgrimages to holy sites along the Ganges.
Pilgrims/ pilgrimage	A sacred journey, taken for a spiritual purpose. Pilgrims are different from tourists: they travel for spiritual reasons, not just to relax or for fun. Pilgrimage is a search for meaning, purpose, values or truth.
debate	A discussion between two people or groups who disagree on an important subject.
Brahman	God or the Supreme Being. Brahman is beyond human understanding

Sticky Knowledge

- Brahman takes many forms. Especially three forms called the Trimurti.
- Brahma is the creator of the world and all creatures. He is usually shown with four heads.
- Vishnu is the preserver of the world. His role is to return to the earth in troubled times and restore the balance of good and evil. He has blue skin and four arms.
- Shiva is the destroyer of the universe. Shiva destroys the universe in order to re-create it. Shiva has blue skin, a third eye and carries a trident.