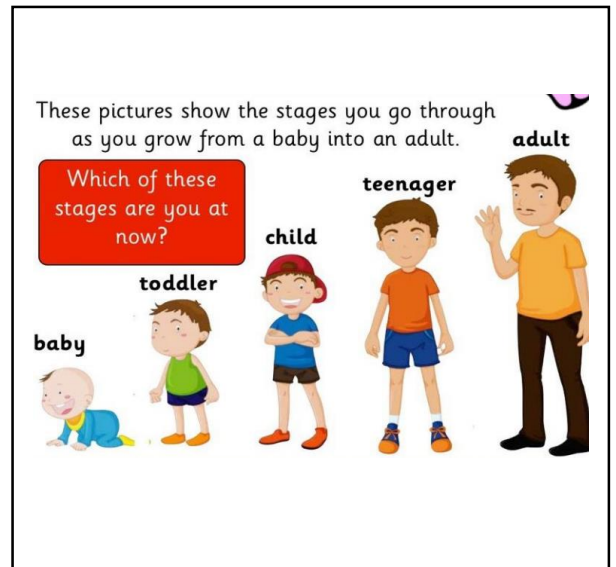


PSHE Knowledge Organiser

KS1 Year 2 Term: 6 - Changing Me

National Curriculum Objectives

- Know that life cycles exist in nature
- Know that aging is a natural process including old-age
- Know that some changes are out of an individual's control
- Know how their bodies have changed from when they were a baby and that they will continue to change as they age
- Know the physical differences between male and female bodies
- Know the correct names for private body parts
- Know that private body parts are special and that no one has the right to hurt these
- Know who to ask for help if they are worried or frightened
- Know there are different types of touch and that some are acceptable and some are unacceptable



Key vocabulary

Word	Meaning
Maturing	Growing up and getting older
Independent	Being able to do things without help
Gender	Being a male (boys) or female (girl)

Sticky Knowledge:

- Our bodies change as we grow from babies into children, teenagers and adults.
- Boys and girls have different bodies so that they can have children when they are older, if they want to.
- Boys have a body part called a penis. This is its scientific name.
- Females, that's girls and women, have a vulva on the outside. This is a scientific name.